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The Website: www.wccm-canada.ca

The website provides easy access to information about Christian meditation in Canada, including

- a complete up-to-date listing of meditation groups and contact information.
- a calendar of events
- the latest issue of the Newsletter and archived issues back to 2003
- a catalogue of publications and order information
- Group leaders' corner



Support the work of the WCCM

A separate annual appeal is made through the Friends Program in the spring of each year. Pledges of \$130 are encouraged. The Friends Program is administered by the Canadian Coordinator, friendswccm@bellnet.ca.

How can you help continue the work of Christian Meditation in Canada?

Your ideas, input, suggestions and contributions both financial and volunteer are most welcome. Many members of the Community have been most generous over the years. Are you one of them? Will you continue to be?





THE CANADIAN CHRISTIAN MEDITATION COMMUNITY

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P.O. Box 52, Station NDG
Montreal, QC H4A 3P4
514-485-7928

christianmeditation@bellnet.ca www.wccm-canada.ca

What do your donations support?

- · The Canadian National Council
- The National Resource Centre
- The School for Meditation
- The Newsletter
- The Website
- · International outreach

The Canadian National Council

Headed by the National Coordinator, it consists of six regional members representing the Atlantic provinces, Quebec, eastern and central Ontario, northwest Ontario and Manitoba, Saskatchewan and Alberta, and British Columbia, plus the coordinator of Méditation chrétienne du Québec.

The Council meets every two months by conference call, and face-to-face every two years at the National Conference.

Council members lend their encouragement and direction to the many activities held throughout Canada, including:

- Coordinating national/regional events, retreats, conferences, and seminars.
- Visiting the various regions to meet with local meditators.
- Organizing and leading School events.
- Editing and distributing the quarterly newsletter.
- Coordinating national tours by Fr. Laurence and other teachers.

National Resource Centre

The National Resource Centre was established in 1992 under the direction of Doreen Romandini to provide support to the Canadian meditation community. A small group of volunteers at the Montreal location, and others at a distance, nurture and support Christian meditation by providing the following services:

- Maintains and distributes a range of books,
 CDs, DVDs and other materials to individuals,
 groups and events.
- Accepts donations and issues tax receipts through the registered charity MEDITATIO.
- Supports communications through mail, telephone and internet.
- Holds regular scheduled meditation group meetings at the Montreal location.

The School for Meditation

The purpose of the School is to guide and support those who feel called to share the gift of meditation, be it one-to-one, as a group leader, giving talks to newcomers, or teaching meditation to children.

A resource team organizes and conducts Essential Teaching Weekends across the country.

The Weekends enable participants to:

- deepen their knowledge of the tradition
- understand more fully the experience of meditation
- gain confidence in their ability to share the gift.

The Newsletter

Published four times a year, the Newsletter includes:

- news from meditation communities across the country
- a calendar of upcoming events
- personal reflections on a broad range of topics
- information on new publications.
- The World Community for Christian Meditation International Newsletter

The National Resource Centre maintains a mailing list database and oversees the printing and distribution of 3,000 copies to individuals and institutions throughout Canada and other parts of the world.

The Newsletter is funded through this appeal and by donations received through the renewal form in each issue. A complimentary subscription is given to all who contribute more than \$25 to the Annual Appeal.

The Newsletter is available in print or as an E-newsletter delivered to your email address,

International Outreach

In recent years, the Canadian community has expanded its support of communities, mostly in the Caribbean, through the supply of publications and organized speaking tours. Major funding is supplied through grants from both individuals and foundations. Individual donations are always welcome.